

Information Regarding Myalgic Encephalomyelitis

Myalgic Encephalomyelitis (ME) is otherwise known as the misleading term “chronic fatigue syndrome (CFS).” “Chronic Fatigue Syndrome” is an unfortunate term that trivializes the impact and severity of this debilitating physical disease. It sends the wrong message. The historic name for this illness is Myalgic Encephalomyelitis (ME). The misinformation, and/or lack of official training about this disease have meant researchers, clinicians and patients in the ME community have had to amass a large body of references and other information to fill the knowledge gaps, and make our case.

Another sign things are improving for over half a million Canadians with ME:

On April 24 the Canadian Institutes of Health Research (CIHR) launched a new collaborative project for a more intensive biomedical look at ME.

<https://www.researchnet-recherchenet.ca/rnr16/viewOpportunityDetails.do?browseArc=true&fodAgency=CIHR&org=CIHR&progCd=10866&view=browseArchive&language=E>

Departments involved include the CIHR Institute of Musculoskeletal Health and Arthritis, the Institute of Circulatory and Respiratory Health, and the Institute of Infection and Immunity, with collaboration of the Institute of Neuroscience, Mental Health and Addiction. Funds are \$1.7 million: \$1.4 million for one team over five years, with a supplementary \$75,000 per year for 5 years to investigate vascular instability and/or sleep disturbance in ME. Work will be done in conjunction with the U.S. National Institutes of Health Collaborative Research Centers, and Data Management and Coordinating Center. From the year 2000 to 2017, overall funding for ME came to about \$1.7 million in total – this recent announcement is a welcome sign for persons with ME, and their support teams.

Here is the link to the updated list of ME science:

<http://www.meassociation.org.uk/wp-content/uploads/ME-Association-Index-of-MECFS-Published-Research-31.03.18.pdf>

For more information or an exhaustive list of references, please contact:

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